
Peoplefirst Rehabilitation

Peoplefirst has licensed and certified therapists available at Heatherwood to assess a patient's medical, physical, and psychosocial needs. Once evaluated, we design a specialized treatment plan of maintenance and a training program to maximize independent living, all while respecting the dignity and rights of individuals with compassion and integrity.

Our therapists are committed to emphasizing a patient's abilities rather than disabilities, and we use leading-edge technology to help our patients lead the most pain-free, productive lives possible

The Peoplefirst team culture is defined each day in how we communicate with our patients and their families. Putting people FIRST means we value Fun, Integrity, Respect, Support, and Teamwork.

Coordinated Care

In order to provide coordinated care, communication between the Heatherwood and Peoplefirst staff is frequent, documented and outcome driven. Regularly scheduled meetings occur with the treating therapist, social services, nursing, our patients, and their families.

Outcomes

Peoplefirst is on the cutting edge of developing measurable resident therapeutic outcomes. When a therapy goal is developed it is written in measurable terms so that resident's functional improvement can be observed. This allows the clinical team to see what works for each individual resident. This data can be analyzed across settings and populations increasing evidence based practice techniques.

Education

Peoplefirst is committed to providing ongoing comprehensive education for our therapists and ancillary staff which assures a full complement of skilled therapies.

We feature programs specifically designed to address:

- Orthopedic Rehabilitation

- Congestive Heart Failure
- Stroke Recovery & Rehabilitation
- Post-General Surgical Recovery & Rehabilitation
- Post-Acute Cardiac Recovery
- Pulmonary Rehabilitation
- Contracture management
- Diabetes Care
- Pain Management
- Wound Care
- Medically Complex Patients and Residents
- Dementia and Alzheimer's Disease
- Wheelchair positioning
- Stroke Recovery
- Community Re-entry and Home Assessments

Physical Therapy	Occupational Therapy	Speech Language Pathology
<ul style="list-style-type: none"> • Mobility Retraining • Bracing, Orthotics & Prosthetics • Balance Restoration • Therapeutic Exercises • Physical Conditioning • Neuromuscular Re-training 	<ul style="list-style-type: none"> • Splinting • Activities of Daily Living • Rehabilitative Dining • Meal Prep Assessment & Training 	<ul style="list-style-type: none"> • Swallowing Evaluations • Verbal & Nonverbal Communication Techniques • Cognitive & Memory Retention Programs